



Warminster Adventure Sports Club

Paddlesports Risk Assessment

Checked: 14/06/2021 by Naomi Styles

HAZARD	WHO MIGHT BE HARMED?	HOW MAY THE RISK BE ADEQUATELY CONTROLLED?	WHAT FURTHER ACTION MAY BE REQUIRED?	Review comments
DROWNING	Paddlers	<ul style="list-style-type: none"> Wearing of buoyancy aid Instruction in capsize procedures Relevant supervision for novices Use of spray decks to be considered per person based on their skill, experience and personal comfort 	<ul style="list-style-type: none"> Buoyancy aids tested annually Induction sessions for beginners and new members Supervisors to ensure buoyancy aid correctly fitted and fastened. 	
	Others	<ul style="list-style-type: none"> Advised to keep away from river bank 		
HYPOTHERMIA	Paddlers	<ul style="list-style-type: none"> Paddlers notified that they are eligible for the use of club wetsuits 	<ul style="list-style-type: none"> Adjustment to clothing as required Continuous dynamic risk 	

			assessment.	
SLIPS TRIPS AND FALLS	Paddlers Onlookers	<ul style="list-style-type: none"> • Advised on appropriate footwear 	<ul style="list-style-type: none"> • Continuous dynamic risk assessment. 	
SPRAINS, STRAINS AND SOFT TISSUE INJURIES	Paddlers Helpers	<ul style="list-style-type: none"> • Advice given by supervisor on lifting canoes and kayaks and pulling trailers correctly • Advice given by supervisor on correct paddling posture and movement to minimize injury • Advice given on pre/post paddling stretches 	<ul style="list-style-type: none"> • Ongoing training and regular checks of procedures • Appropriate checks on boats and storage facilities • Minimise heavy lifting where possible 	
POLLUTION AND WATER QUALITY	Paddlers Helpers	<ul style="list-style-type: none"> • Paddlers Advised to bathe soon after immersion • Paddlers warned about potential hazards regarding water quality 	<ul style="list-style-type: none"> • Avoidance of intentional capsizes in poor conditions 	
DANGER TO OTHER RIVER USERS	Paddlers	<ul style="list-style-type: none"> • Paddlers instructed to be aware of other river users and how to take appropriate/avoiding action. • Paddlers warned about the location and activities of other river user 	<ul style="list-style-type: none"> • Supervisor remains vigilant for other water users 	
WEIRS AND MAN MADE FEATURES	Paddlers	<ul style="list-style-type: none"> • Helmets to be worn when paddling in associated 	<ul style="list-style-type: none"> • Supervisor to judge dangers associated with 	

	Helpers	mud <ul style="list-style-type: none">• Advise paddlers and helpers on appropriate clothing according to current weather	mud <ul style="list-style-type: none">• Be aware of how pleasant conditions will increase the number of site users• Be prepared to call off meets if appropriate	
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