



## Warminster Adventure Sports Club

### Paddlesports Risk Assessment

Checked: 14/06/2021 by Naomi Styles

HAZARD	WHO MIGHT BE HARMED?	HOW MAY THE RISK BE ADEQUATELY CONTROLLED?	WHAT FURTHER ACTION MAY BE REQUIRED?	Review comments
<b>DROWNING</b>	Paddlers	<ul style="list-style-type: none"> <li>• Wearing of buoyancy aid</li> <li>• Instruction in capsize procedures</li> <li>• Relevant supervision for novices</li> <li>• Use of spray decks to be considered per person based on their skill, experience and personal comfort</li> </ul>	<ul style="list-style-type: none"> <li>• Buoyancy aids tested annually</li> <li>• Induction sessions for beginners and new members</li> <li>• Supervisors to ensure buoyancy aid correctly fitted and fastened.</li> </ul>	
	Others	<ul style="list-style-type: none"> <li>• Advised to keep away from river bank</li> </ul>		
<b>HYPOTHERMIA</b>	Paddlers	<ul style="list-style-type: none"> <li>• Paddlers notified that they are eligible for the use of club wetsuits</li> </ul>	<ul style="list-style-type: none"> <li>• Adjustment to clothing as required</li> <li>• Continuous dynamic risk</li> </ul>	

			assessment.	
<b>SLIPS TRIPS AND FALLS</b>	Paddlers Onlookers	<ul style="list-style-type: none"> <li>• Advised on appropriate footwear</li> </ul>	<ul style="list-style-type: none"> <li>• Continuous dynamic risk assessment.</li> </ul>	
<b>SPRAINS, STRAINS AND SOFT TISSUE INJURIES</b>	Paddlers Helpers	<ul style="list-style-type: none"> <li>• Advice given by supervisor on lifting canoes and kayaks and pulling trailers correctly</li> <li>• Advice given by supervisor on correct paddling posture and movement to minimize injury</li> <li>• Advice given on pre/post paddling stretches</li> </ul>	<ul style="list-style-type: none"> <li>• Ongoing training and regular checks of procedures</li> <li>• Appropriate checks on boats and storage facilities</li> <li>• Minimise heavy lifting where possible</li> </ul>	
<b>POLLUTION AND WATER QUALITY</b>	Paddlers Helpers	<ul style="list-style-type: none"> <li>• Paddlers Advised to bathe soon after immersion</li> <li>• Paddlers warned about potential hazards regarding water quality</li> </ul>	<ul style="list-style-type: none"> <li>• Avoidance of intentional capsizes in poor conditions</li> </ul>	
<b>DANGER TO OTHER RIVER USERS</b>	Paddlers	<ul style="list-style-type: none"> <li>• Paddlers instructed to be aware of other river users and how to take appropriate/avoiding action.</li> <li>• Paddlers warned about the location and activities of other river user</li> </ul>	<ul style="list-style-type: none"> <li>• Supervisor remains vigilant for other water users</li> </ul>	
<b>WEIRS AND MAN MADE FEATURES</b>	Paddlers	<ul style="list-style-type: none"> <li>• Helmets to be worn when paddling in associated</li> </ul>	<ul style="list-style-type: none"> <li>• Supervisor to judge dangers associated with</li> </ul>	



	Helpers	mud <ul style="list-style-type: none"><li>• Advise paddlers and helpers on appropriate clothing according to current weather</li></ul>	mud <ul style="list-style-type: none"><li>• Be aware of how pleasant conditions will increase the number of site users</li><li>• Be prepared to call off meets if appropriate</li></ul>	
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